HEALTH & WELLNESS INFO/RESOURCES
(ONLINE, CAMPUS, & COMMUNITY)

General Health Information
www.acha.org
American College Health Association
www.healthfinder.gov
Healthfinder
http://www.goaskalice.columbia.edu/index.html
Go Ask Alice!
www.cdc.gov
Centers for Disease Control and Prev.
www.bacchusgamma.org
BACCHUS/ Gamma Peer Ed. Network

Substance Abuse
http://www.drugtext.org/
DrugText Substance Abuse Pages
http://ncadi.samhsa.gov/
Alcohol & Drug Info.
www.edc.org/hec
Higher Ed. Ctr. for Alcohol & Drug Prev.
www.factsontap.org/
Alcohol and Other Drugs
www.alcoholandotherdrugs.com
National Council on Alcoholism & Drug
www.ncadd.org
Dependence, Inc. (NCADD)

HIV/AIDS
www.thebody.com
The Body
www.cdcnpin.org
U.S. CDC & Natl. Prevention Info. Network
http://hivinsite.ucsf.edu/
HIV Insite
www.unaids.org
World Aids Campaign
www.avert.org/worldaid.htm
World AIDS Day

Sexual Health Issues
http://www.4woman.gov/index.htm
Birth Control Methods
Contraception Information
http://www.reproline.jhu.edu/
ReproOnline
http://sec.sa.utoronto.ca/resources/
Sexual Ed. & Peer Counseling Center
http://www.plannedparenthood.org/
Planned Parenthood
http://www.sexuality.org/
Society for Human Sexuality
http://www.siecus.org/
Sexuality Info. & Ed. Council of the US
http://www.unspeakable.com/
Unspeakable- The Naked Truth about STD’s
http://gender.eserver.org/
Gender and Sexuality
http://www.kinseyconfidential.org/
Kinsey Institute’s Sexuality info for students

Violence Prevention
http://www.safehorizon.org/
Victim Services
http://www.pavnet.org/
Partnerships Against Violence
http://www.clotheslineproject.org/
Clothesline Project
http://www.rainn.org/
Rape, Abuse and Incest National Network
http://www.ncadv.org/
Nat. Coalition Against Domestic Violence

Mental/Emotional Health
http://www.nmha.org/
National Mental Health Association
http://www.samhsa.gov/
Substance Abuse & Mental Health
http://www.nostigma.org/
Mental Health Awareness Campaign
Eating Disorders
http://www.anad.org/site/anadweb/ Nat. Assoc. of Anorexia & Assoc. Disorders
http://www.nedic.ca/ Nat. Eating Disorders Organization
http://www.something-fishy.org/ Something-Fishy
http://www.nationaleatingdisorders.org/ Natl. Eating Disorders Association

Nutrition
http://www.consumer.gov/weightloss/ Partnership for Healthy Weight Mgmt.
www.eatright.org/ American Dietetic Association
http://vm.cfsan.fda.gov/list.html Center for Food Safety & Applied Nutrition
http://health.discovery.com/ Discovery Health
http://www.mayoclinic.com/health/HealthyLivingIndex/HealthyLivingIndex Mayo Clinic

Women’s Health
http://www.4women.gov/ National Women’s Health Info Center
www.healthywomen.org National Women’s Health Resource Center
http://www.womenshealth.org/ Women’s Health

Men’s Health
http://www.menshealthnetwork.org/ The Men’s Health Network
http://www.menshealth.org/ Men’s Health Consulting
http://www.menshealthweek.org/ Men’s Health Week

Other Useful Sites
www.americanheart.org American Heart Association
www.arthritis.org Arthritis Foundation
www.cancer.org American Cancer Society
www.diabetes.org American Diabetes Society
www.komen.org Susan G. Komen Breast Cancer Foundation

Campus Resources
Campus Police 341-4300
Counseling Center 341-4211
Student Health Services 341-4284
Health Educator (Student Wellness –C&DSS) 341-4225
Career Opportunities Center 341-4343
Disability Support Services 341-4222
International & Cultural 341-4208
Undergraduate Advising Office (On-Track, LEAD) 341-4424
Math Help Program 341-4641
Writing Across the Curriculum Program 341-4436

Community Services
Alcoholics Anonymous 573-659-6670
Narcotics Anonymous 800-945-4673
Pathways Com. Behavior 364-7551
Planned Parenthood 364-1509
Poison Control 800-366-8888
Russell House 364-0222
Salem Treatment Center 573-729-4103
National Suicide Prevention Lifeline 800-273-TALK (8255)