

Partners in Prevention

Missouri University of Science and Technology

Strategic Plan 2015-2016

Missouri S&T's strategic plan focuses on three priority areas of concern as identified by data from the Missouri College Health Behavior Survey (MCHBS). Strategies are aligned with a comprehensive approach of environmental management. This approach is grounded in a social ecological framework, which recognizes that health-related behaviors are affected through multiple levels of influence: intrapersonal (individual), interpersonal (group) processes, institutional factors, community factors and public policy.

Priority 1: Missouri S&T students who choose to engage in high risk drinking.

Priority 2: Missouri S&T students under the age of 21 who choose to drink in campus-approved housing locations and off-campus social gatherings.

Priority 3: Strengthen the Missouri S&T Alcohol Prevention Coalition (A-TEAM) and its comprehensive approach to campus and the community.

Missouri S&T A-TEAM (Alcohol-Talk, Educate, & Advocate for Miners) promotes a healthy and safe environment by engaging with campus and community partners to prevent and reduce high-risk drinking and other problematic behaviors. A-TEAM builds awareness and encourages action by providing knowledge and resources to foster responsible and educated choices.

Priority 1: Missouri S&T students who choose to engage in high risk drinking.

- 26% of S&T students have engaged in high-risk drinking in the past 2 weeks
- 29.5% of S&T drinkers have engaged in high-risk drinking in the past 2 weeks
- *High-risk (binge) drinking is defined as consuming five or more drinks within a two-hour time period.*

Goals for Priority 1: To be completed by August 2016

1. Increase **protective strategies** utilized by S&T students when they choose to drink (*measured by increasing the average percentage (46.1%) of students who report usually/always using one or more protective strategies Q66 -> Q84*) {5% to 48.4%}

Strategy 1: Provide prevention education about the fundamentals of alcohol (a standard drink, BAC, how it affects the body), and protective factors/strategies.

Activity 1.1.1: Provide awareness programming during Opening Week that focuses on wellness and social concerns, as well as the importance of intervening during concerning situations for all incoming students.

Responsible: New Student Programs, Student Wellness, JPs

Date of Completion: August 2015

Activity 1.1.2: Encourage all incoming students and students under the age of 21 to complete the eCHECKUP TO GO online alcohol intervention and personalized feedback utility.

Responsible: Student Wellness, Dean of Students Office

Date of Completion: September 2015

Activity 1.1.3: Provide alcohol awareness programs to student organizations, during campus-wide events, and in academic classes upon request.

Responsible: Student Wellness, JPs, Greek Life, Student Life, GAMMA

Date of Completion: on-going

Strategy 2: Engage the S&T Greek community in alcohol prevention efforts/activities.

Activity 1.2.1: Provide awareness and information to Greek chapter advisors and alumni regarding negative consequences experienced as a result of high risk drinking along with materials on safe social hosting to impact environmental change.

Responsible: Greek Life, Student Life, GAMMA

Date of Completion: on-going

Activity 1.2.2: Strengthen the Greek risk management student advisory board (GAMMA) that allows for peer dialogue and problem-solving regarding high risk behaviors, as well as guidance regarding prevention activities within the Greek community.

Responsible: Student Wellness, Greek Life

Date of Completion: on-going

Strategy 3: Engage the S&T athletic community in alcohol prevention efforts/activities.

Activity 1.3.1: Provide awareness and information to coaches and athletic trainers regarding high risk drinking impacting athletes.

Responsible: Athletics, Coalition, Student Wellness

Date of Completion: on-going

Activity 1.3.2: Engage the athletic student advisory board regarding prevention activities.

Responsible: Athletics, Coalition

Date of Completion: on-going

Activity 1.3.3: Provide orientation for athletic teams to cover behavioral expectations and review newly added drug testing policy, which addresses consent forms and consequences for positive tests.

Responsible: Athletics

Date of Completion: September 2015

Strategy 4: Maintain and expand the campus peer health education organization, Joe's PEERS, in order to adequately assist with wellness and prevention education efforts on campus.

Activity 1.4.1: Provide trainings (in-service, attendance at conferences and the Bacchus Network CPE), as well as regular team-building and bonding activities and programs throughout the year for the peer educators.

Responsible: Student Wellness, JPs

Date of completion: May 2016

Activity 1.4.2: Provide quality wellness and prevention programs to various student populations throughout the Fall and Spring semesters.

Responsible: Student Wellness, JPs

Date of completion: On-going

Activity 1.4.3: Continue to recruit students to serve as Joe's PEERS throughout the academic year.

Responsible: Student Wellness, JPs

Date of Completion: On-going

Strategy 5: Provide resources to students who show signs of high risk drinking, have experienced negative consequences from drinking, and/or have violated the campus alcohol policies.

Activity 1.5.1: Maintain a smooth referral process for Brief Alcohol Screening and Intervention for College Students (BASICS) of policy violators or students who exhibit high-risk alcohol behaviors, and increase awareness of this resource.

Responsible: Student Wellness

Date of Completion: On-going

Activity 1.5.2: Provide BASICS to students.

Responsible: Student Wellness

Date of Completion: on-going

Activity 1.5.3: Provide alcohol screenings for students that include proper referral to campus and community resources (one screening event/semester).

Responsible: Counseling, Disability Support, and Student Wellness, JPs

Date of Completion: on-going

Activity 1.5.4: Conduct brief alcohol screenings during the Student Conduct intervention process. Utilize BASICS as a disciplinary sanction.

Responsible: Dean of Students Office

Date of Completion: on-going

Strategy 6: Promote a campus culture that is cooperative and supports health promoting behaviors.

Activity 1.6.1: Maintain a bystander intervention training program (STEP UP!) that educates and empowers the campus community to respond effectively to problems or concerns and ensure the safety and well-being of self and others.

Responsible: STEP UP! Committee, Student Wellness

Date of Completion: on-going

Activity 1.6.2: Educate gatekeepers (Resident Advisors, faculty, staff, student organization advisors, peer educators), and provide funding if needed, regarding their role in alcohol prevention: reducing harm; effective responses to students who are intoxicated and/or in violation of policy/law; and early identification, positive interventions and referral to appropriate individuals.

Responsible: Coalition, Student Wellness

Date of Completion: on-going

Activity 1.6.3: Engage in Title IX efforts

Responsible: Coalition

Date of completion: on-going

Priority 2: S&T students under the age of 21 who choose to drink in campus-approved housing locations and off-campus social gatherings.

- 81% of S&T students **Under 21** report typically consuming alcohol at social gatherings (off-campus), 36% report typically consuming in fraternity or sorority houses, and 37% report typically consuming where they live
- 35% of S&T students **Under 21** obtain their alcohol from an over 21 friend

Goal for Priority 2: To be completed by August 2016

1. Decrease the percentage of S&T students **Under 21** who report typically **consuming alcohol at off-campus social gatherings** (by 5% to 77%), **in fraternity or sorority houses** (by 5% to 34%), and **where they live** (by 5% to 35%)
2. Decrease the percentage of S&T students over 21 who provide alcohol to minors (by 5% to 33%)

Strategy 1: Inform the campus community about alcohol policies; why the policies were adopted and how they are intended to benefit the campus and their professional future.

Activity 2.1.1: Widely disseminate the Standard of Conduct and promote values and community expectations.

Responsible: Dean of Students Office

Date of Completion: on-going

Activity 2.1.2: Promote the utilization of the START (Student Alcohol Responsibility Training) program for the president and vice president of risk management/social chair of all student organizations that have alcohol at events.

Responsible: Student Life, Greek Life

Date of Completion: on-going

Activity 2.1.3: Encourage risk management plan reviews and provide presentations regarding alcohol policies, as well as responsible alcohol consumption, responsible party hosting.

Responsible: Student Life, GAMMA, Student Wellness, Dean of Students Office

Date of Completion: on-going

Activity 2.1.4: Require the completion of Sober Executive Training for executive board members of all Greek chapters.

Responsible: Greek Life, GAMMA

Date of completion: January 2016

Strategy 2: Provide consistent and effective enforcement of campus policies and local, state, and federal laws, as well as effective responses to students who exhibit signs of intoxication and/or are consuming alcohol under the age of 21.

Activity 2.2.1: Campus and community police departments collaborate to conduct alcohol enforcement activities and increase saturation at pivotal times during the academic year (e.g. Opening Week, Halloween, St. Pat's Celebration, and Graduation).

Responsible: University and Community Police

Date of Completion: on-going

Activity 2.2.2: Provide timely, thorough reports or referrals and follow-up of student and organizations that have violated campus policy and/or local, state, federal law.

Responsible: University and Community Police, Dean of Students office, Residential Life

Date of Completion: on-going

Activity 2.2.3: Increase engagement with S&T students residing in off-campus properties in order to provide resources to reduce high risk alcohol use. (i.e. 'Safe House Party Guide').

Responsible: Student Wellness, University and Community Police, Coalition

Date of Completion: on-going

Priority 3: Strengthen the Missouri S&T Alcohol Prevention Coalition (A-TEAM) and its comprehensive approach to campus and the community.

- Coalition members agree there is a lack of awareness among the campus community regarding high risk alcohol use.
- 10% of S&T students were unsure if the university had a drug/alcohol program while 27% felt the campus was not concerned about alcohol and drug use. 43% of Missouri S&T students believe campus alcohol policies are not consistently enforced.

Goals for Priority 3: To be completed by August 2016

1. Review and revise as necessary the focus areas and goals for each action team to better support our strategic plan and assure alignment with the university's mission.
2. Raise visibility of the A-TEAM and encourage faculty/staff/administration to support the shared responsibility of prevention on campus.
3. Begin (or maintain) tracking data for alcohol-related incidents, interactions/encounters, citations involving S&T students (benchmarking data)
 - a. Community Standards & Student Conduct
 - b. S&T PD
 - c. Rolla PD
 - d. Counseling
 - e. BASICS
 - f. Residential Life
 - g. Student Health Services
 - h. PCRMC ER

4. Maintain department, organization and agency involvement in the campus coalition as measured by regular department/organization representation at monthly coalition meetings (≥ 6 meetings/year).

Strategy 1: Maintain and enhance coalition efforts.

Activity 3.1.1: Continue Coalition member participation in monthly meetings, subcommittee meetings, PIP meetings, prevention training opportunities, and obtaining resource materials.

Responsible: Coalition

Date of Completion: on-going

Activity 3.1.2: Continue to engage campus and community organizations and invite representatives to serve on coalition to expand collaboration efforts.

Responsible: Coalition

Date of Completion: on-going

Activity 3.1.3: Engage the coalition and other key stakeholders from across campus to conduct a biennial review of our campus alcohol program and policy, and provide recommendations for policy revision –

Responsible: Student Wellness (main PIP contact), Dean of Students Office, Coalition

Date of Completion: January 2016

Strategy 2: Engage campus and community in prevention efforts.

Activity 3.2.1: Provide information about coalition prevention strategies to faculty, staff, and campus administrators.

Responsible: Coalition Chair, Assistant Vice Chancellor for Student Affairs

Date of Completion: on-going

Activity 3.2.2: Promote and distribute to S&T campus community informational briefs regarding S&T students and alcohol use developed by PIP and/or Coalition action teams.

Responsible: PIP, Coalition Chair

Date of Completion: on-going

Activity 3.2.3: Develop and market A-TEAM web presence to include information and resources.

Responsible: Coalition, Student Affairs

Date of Completion: on-going

Activity 3.2.4: Promote awareness of and participation in SMART, CHEERS, and Drive Safe, Drive Smart

Responsible: Student Wellness, Peer Educators, GAMMA, Coalition

Date of Completion: on-going

Activity 3.2.5: Develop and implement social norm campaigns to address student misperception.

Responsible: Student Wellness, JPs, Coalition

Date of Completion: on-going

Activity 3.2.6: Fund student planned late-night, alcohol-free events. Encourage collaboration and assist with promotion.

Responsible: Student Wellness, Coalition, Student Life, Athletics, Review Committee (a group of 3-4 Student Affairs Professionals that volunteer to review applications for the year)

Date of Completion: on-going

Appendix:

Protective Strategies MCHBS 2015

Q: In the past year, how often have you done the following at parties or social gatherings where alcohol was served? (Protective Factors)	PIP 21	S&T N=421
Use a designated driver	66.2	70.1
Determine not to exceed a set number of drinks	43.4	37.8
Alternate alcoholic and non-alcoholic drinks	35.8	39.3
Have a friend let you know when you have had enough to drink	31.7	31.6
Avoid Drinking Games	32.2	28.2
Leave the bar/party at a predetermined time	31.4	21.8
Make sure that you go home with a friend	63.6	69.5
Know where your drink has been at all times	84	84.2
Avoid shots of liquor	33	30
Stop drinking at a predetermined time	31.8	23.4
Drink water while drinking alcohol	41.7	44.1
Put extra ice in your drink	26	21.3
Avoid mixing different types of alcohol	41.7	33.4
Drink slowly, rather than gulp or chug	53.8	57.9
Avoid trying to "keep up" or "out-drink" others	61.7	62
Purposefully limited the amount of money I spent on alcohol	64.4	60.8
Eaten before and/or during alcohol consumption	79	81
Received free, non-alcoholic drinks at a bar/restaurant for being a designated sober driver	25.5	16.2
Had at least one person in your group who was sober (had no drinks)	55.7	63.7

Negative Consequences MCHBS 2015

Quick Look at Consequences--All Students, At least Once How often in the past year have you experienced after, or as a result of, alcohol consumption?	PIP 21	S&T N=421
Had a hangover	48	44.3
Been in trouble with campus administrators	3.2	1.9
Been arrested by campus police/law enforcement	1.4	.6
Been hurt or injured	9.2	9.7
Received medical attention	2.1	3.4
Driven after consuming any alcohol	21.4	15.4
Been arrested for DUI/DWI	.7	.8
Vomited	37.9	39.8
Were taken advantage of sexually	4.5	3.6
Took advantage of someone sexually	1.9	.3
Rode with someone after drinking	22.9	19.8
Engaged in risky sexual behavior	15.6	9
Forced/coerced into drinking more than you wanted	14.4	14.5
Performed poorly on a test of assignment	10.2	7.5
Missed Class	10.2	7.5
Blackout/Memory loss	23.4	25.1
Alcohol Poisoning	8.5	4.5